Browse these volunteer needs (one time and ongoing opportunities)

Please note that you should contact the volunteer coordinators directly if interested.
If you do not find something that suits your interest, visit the Public Service Center.
<table>
<thead>
<tr>
<th>Agency Name:</th>
<th>Cancer Resource Center Walkathon &amp; 5K</th>
</tr>
</thead>
<tbody>
<tr>
<td>Contact Information:</td>
<td><a href="https://www.givegab.com/campaigns/2018-walk-run">https://www.givegab.com/campaigns/2018-walk-run</a></td>
</tr>
<tr>
<td>Description of Need:</td>
<td>The Cancer Resource Center is hosting their annual Walkathon &amp; 5K: “Sister Survivors Saving Second Base”. Consider making a donation or joining the team to walk/run at <a href="https://www.givegab.com/campaigns/2018-walk-run">https://www.givegab.com/campaigns/2018-walk-run</a>.</td>
</tr>
<tr>
<td>Dates:</td>
<td>Saturday, October 13th from 10AM – 1PM</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Agency Name:</th>
<th>Special Olympics New York</th>
</tr>
</thead>
<tbody>
<tr>
<td>Contact Information:</td>
<td><a href="mailto:sonytompkinscortland@gmail.com">sonytompkinscortland@gmail.com</a></td>
</tr>
<tr>
<td>Description of Need:</td>
<td>Special Olympic Athletes will come from surrounding regions to complete in either 9 holes or golf skills (long putt, short putt, pitch, chip, wood, drive, optional bunker). Volunteers are needed in a variety of different capacities to help make this event possible. If you would like to volunteer please reach out.</td>
</tr>
<tr>
<td>Dates:</td>
<td>October 13, 2018, 7:45AM – 2PM</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Agency Name:</th>
<th>Friendship Donation Network</th>
</tr>
</thead>
<tbody>
<tr>
<td>Contact Information:</td>
<td><a href="mailto:info@friendshipdonations.org">info@friendshipdonations.org</a></td>
</tr>
<tr>
<td>Description of Need:</td>
<td>Come join in a meal to help fundraise for FDN! They are an organization celebrating 30 years of rescuing food and reducing hunger! For more information and pricing visit: <a href="https://friendshipdonations.org/feast/">https://friendshipdonations.org/feast/</a></td>
</tr>
<tr>
<td>Dates:</td>
<td>October 13, 2018, 6:00–8:30 PM</td>
</tr>
</tbody>
</table>
## Agency Name: Paleontological Research Institution

**Contact Information:** Patrick Branigan: volunteer@priweb.org | 607.273.6260

**Description of Need:** With the new year comes new initiatives at PRI, and we are in search of volunteers from the community to help us study the history of life on earth and to educate the public. There are several types of volunteer positions, from Teacher Friendly Guide to Climate Change mailing initiative volunteers, Kids Discover the Trail Docents, and Collections Database Assistants.

**Dates:** Hours are flexible, preferably from 9:00am-5:00pm.

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## Agency Name: Free Science Workshop (210 Hancock St, Ithaca)

**Contact Information:** freescienceworkshop@gmail.com

**Description of Need:** The Free Science Workshop provides underserved and low-income families with a supportive, community-based space where they can explore their world through science. The Free Science Workshop aims to provide equitable access to science – something all people deserve. We will offer open drop-in hours Monday, Wednesday and Friday from 3–6pm, as well as weekly visits from afterschool groups from GIAC, Urban 4-H and Southside Community Center. Volunteer facilitators assist youth in exploring science and working on weekly projects, as well as developing original projects of their own interest.

**Dates:**
- Tuesdays 3:30–5PM: Work with 15 youth from GIAC’s STEAM team on a long term building and engineering project.
- Wednesdays 4–6PM: Work with 20 Urban 4-H youth from the Northside neighborhood to explore a weekly science topic and build original projects.
- Fridays 3:30–5PM: Host 10 youth from Southside Community Center for a weekly science theme and building interest driven projects.
Agency Name: Sciencenter

Contact Information: Judy Ammack: jammack@sciencenter.org | 607-272-0600 x110

Description of Need: If you have an upbeat and positive attitude, strong oral communication skills, and a passion for learning and teaching, then consider applying to become a Sciencenter volunteer today!

“Bluecoat” Museum Floor Staff: Enhance the guest experience by facilitating interactions with exhibits and helping to maintain a safe, clean museum environment for all.

Discovery Space Attendant: Enhance the guest experience by encouraging guests to explore our lending library of science kits including magnets, fossils, electricity and much more.

Connect to the Ocean Explainer: Enhance the guest experience by facilitating interactions with guests at the tide pool touch tank in the Connect to the Ocean gallery and get them excited about the animals, ocean sciences, and animal and habitat conservation.

Animal Handling & Husbandry: Enhance the guest experience by facilitating animal interactions with guests in the Saltonstall Animal Room and get them excited about animals, biological sciences, and animal and habitat conservation.

Horticulture: Assist with maintenance of the museum grounds such as planting, weeding, trimming, and mulching

Dates: Training/orientation is held on a monthly basis.
Ongoing Volunteer Opportunities:  
HEALTHCARE

Agency Name: Cancer Resource Center of the Finger Lakes

Contact Information: Complete application at www.crcfl.net

Description of Need: The Cancer Resource Center of the Finger Lakes is looking for friendly, compassionate people to provide support to those facing cancer. CRC is a small agency with a big heart, a positive vibe, and a sense of humor. The volunteer’s main tasks are to answer phones, welcome clients, and help with preparations for support groups. If you like to meet new people, socialize, and lend a supportive ear, this is the perfect opportunity for YOU!

Dates: Hours are flexible.

Agency Name: Office for the Aging

Contact Information: Caryn Bullis: 607-274-5450 | cbullis@tompkins-co.org

Description of Need: Volunteers Needed for the Project Care friendly visiting program of the Office for the Aging. Project Care volunteers are paired with an older adult in the community and provide weekly visits to that older adult. Project care is a wonderful program that can greatly enhance the life of both the volunteer and the older adult.

Dates: Hours are flexible.
<table>
<thead>
<tr>
<th>Agency Name:</th>
<th>Human Services Coalition of Tompkins County</th>
</tr>
</thead>
<tbody>
<tr>
<td>Contact Information:</td>
<td>Sara Pines (<a href="mailto:saraxpines@gmail.com">saraxpines@gmail.com</a>)</td>
</tr>
<tr>
<td>Description of Need:</td>
<td>Volunteers needed to help low-income families; redirecting HIGH QUALITY housewares, food and furniture at Kendal, to low-income folks, persons leaving jail, and any low-income person. Volunteers take inventory of apartment contents and listing them on Tompkins County HSC-Listserve; telephone contacts with non-profits who respond to pick up donations; meeting non-profits in apartment so they can take donations they choose.</td>
</tr>
<tr>
<td>Dates:</td>
<td>Hours are flexible.</td>
</tr>
</tbody>
</table>
## Ongoing Volunteer Opportunities: IN THE COMMUNITY

### Catholic Charities
- **Contact Information:** Michaela, 607-272-5062 ext 17, MCortright@dor.org
- **Description of Need:** Catholic Charities is looking for reliable and friendly volunteers to run our free clothing closet. Must be willing to commit to one 3-hour shift per week and have basic computer skills. Other tasks may involve sorting and organizing donations, hanging and restocking clothes.
- **Dates:** Tuesday – Friday, 9:00am – 12:00pm, 1:00pm – 3:30pm

### Love Knows No Bounds Furniture Distribution Program
- **Contact Information:** Mihal, Volunteer Coordinator (mihal.lknb@gmail.com)
- **Description of Need:** Looking for a way to make a direct, important and immediate impact for our neighbors in need? Love Knows No Bounds is seeking enthusiastic volunteer drivers* and/or movers for our Furniture Redistribution Program. We have redistribution runs to pick up and deliver donated furniture to families in need in Tompkins County.
- **Dates:** Volunteer once or many times. Saturdays from 1 to 5.

### Loaves and Fishes of Tompkins County
- **Contact Information:** Linda: info@loaves.org | 607-272-5457
- **Description of Need:** Loaves and Fishes is looking for mealtime volunteers to kitchen prep, cook, serve, dishwasher, and clean up, as well as Tuesday volunteers to pick up produce donations from the DeWitt Farmer’s Market vendors.
- **Dates:** Shifts are on Monday, Wednesday, and Friday, from 9:00 AM – 12PM or 11:30AM– 2:30PM
  Tuesday and Thursday shifts are 2:30–5:30PM and 5:00– 8:00PM.
**Ongoing Volunteer Opportunities:**

**IN THE COMMUNITY**

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**Agency Name:** Ballet and Books  
**Contact Information:** Taila at tfb44@cornell.edu  
**Description of Need:** Ballet and Books is looking for dancers and non dancers to serve as reading buddies and/or dance assistants for the 2018 fall semester!  
**Dates:** Shifts are Saturday from 12:15 PM – 1:45 PM

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**Agency Name:** Finger Lakes Land Trust  
**Contact Information:** jasongorman@fllt.org, or (607) 275-9487  
**Description of Need:** Join the Finger Lakes Land Trust for an assortment of nature preserve management activities and socializing. Your assistance is needed to help with a variety of tasks throughout the Finger Lakes Region.  
**Dates:** Starting on October 5th at the Lindsay-Parsons Biodiversity Preserve on State Rte. 34/96, Town of W. Danby, Tompkins County, the first Friday of every month until May from 2:00-5:30pm.
Finger Lakes ReUse

volunteer@fingerlakesreuse.org

Volunteers are needed for a variety of opportunities including donations processing and operations support, student proposed internships, and training, administrative, and business related opportunities. Apply at ithacareuse.org/volunteer.

Hours are flexible.

Dish Truck Group

Joey Diana Gates, Project Manager: solkitchen1@gmail.com

The dish truck group is a locally based, volunteer driven, non-profit pollution prevention initiative that provides durable dishes to event coordinators to use in place of disposables. They aim to lower the environmental impacts of events, to include garbage generation, food waste, greenhouse gases and water use through elimination of single use service ware. They are looking for volunteers to help service the events themselves, as well as washing and tallying dishes afterwards for reporting purposes.

Training/orientation is held on a monthly basis.